

Session Information

Session 1 - Communication

This workshop will identify obstacles to and enhancers of effective communication in the marital relationship. The two areas that will be highlighted are: communication towards problem solving and communicating towards affirming a loving relationship. Specific topics will include the following: defining "normalcy" of conflicts; identifying styles of communication that go toward compatibility and incompatibility; practical pathways to effective problem solving; identifying the basic love languages; and understanding the functional effects of the "brain" in the experience of the "self" as couples communicate with each other.

Session 2 - Family of Origins

Discover ways in which your marriage commitment is influenced by experiences you had growing up in your family; identify how your relationship with parents and siblings play a role in the way you establish and maintain attachments. Become aware of the impact former relationship problems can have on your marriage. Learn from the past...and let the past work for you. As you strive to identify as a married couple, you will have a better understanding and appreciation of how relationships and experiences from the past can contribute to the present by enhancing your marriage.

Session 3 - The Many Moods of Marriage

Marital researchers estimate the rate of divorce for first marriages to be between 50-67% (Martin & Bumpass, 1989), and even 10% higher for second marriages (Glick, 1994). Navigating through the "many moods of marriage" becomes a major challenge facing any new couple. This session will help you avoid pitfalls that lead many couples to divorce. Learn how to divorce-proof, strengthen and enrich your marriage. This session will also cover the sacramental component of marriage.

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Session 4 - Blended Families

There are many tasks needed for a successful integration and blending of two families into one. This workshop will cover issues that include: overcoming loyalty issues, co-parenting, myths, and legends about step-parents, discipline strategies, and starting and establishing rituals and traditions as a new family unit. The Brady Bunch is only a TV show -- the real thing takes a lot of planning, understanding and hard work.

2020 Schedule & Registration Deadlines

\$25.00 late fee applies to registrations after deadline

Session 1

January	18	Deadline 12/30/19
June	13	Deadline 5/26/20
September	12	Deadline 8/24/20

Session 2

February	8	Deadline 1/20/20
June	27	Deadline 6/8/20
September	26	Deadline 9/8/20

Session 3

February	22	Deadline 2/3/20
July	11	Deadline 6/22/20
October	3	Deadline 9/14/20

Session 4

March	14	Deadline 2/24/20
August	1	Deadline 7/13/20
October	10	Deadline 9/21/20

Program Requirements

- ◆ In order to receive a Certificate of Completion, **all couples** are required to attend Sessions 1, 2 & 3.
- ◆ Those with **minor/dependent children** from a previous relationship **are also required to attend Session 4.**
- ◆ Sessions do not need to be taken in consecutive order.

Convalidation 2020

*A program for
married couples
preparing
for the
Sacrament of
Matrimony*



*Office of Marriage + Family Life
Diocese of St. Petersburg*

The below prices are per couple providing the registration form and payment are received **prior to the deadline otherwise a \$25.00 late fee applies.**

What Is The Cost?

\$125.00 - 4 sessions (if required)
\$105.00 - 3 sessions

Registration Details

- ◆ Complete the form and mail with the **non-refundable** payment of \$125.00 (4 sessions) or \$105.00 (3 sessions) to the address on the registration form.
- ◆ **Checks and Money Orders** are accepted and made payable to **Diocese of St. Petersburg, Credit cards** are not accepted. **Cash payment** must be hand delivered to our office at 6363 - 9th Ave. N. St. Petersburg.
- ◆ Registrations are processed in the order received and subject to availability at that time.
- ◆ A confirmation letter will be emailed as an attachment to each address provided. If you don't hear from us within **2 weeks** of mailing your registration, please contact us at: **deb@dosp.org** or 727 - 341 - 6847 but first...check your **junk mail folder!**
- ◆ Postponements without penalty are possible as long as notification is received a minimum of **21 days** prior to each applicable session. Otherwise a **\$25.00 rescheduling fee applies.** This fee also applies to no-shows who wish to reschedule.

Rather than checking availability, it's better to just mail the registration form & payment. The time spent waiting for a response is time that your paperwork could be on its way to our office. In cases where space is limited, this can be the difference between getting confirmed or not. Payment isn't processed unless we're 100% sure we can accommodate you. Once registration is processed, all penalties/fees apply as indicated in this brochure and the confirmation letter you will receive via e-mail.

About The Conference

- ◆ Sessions are held at Bethany Center in Lutz. The address will be included in the confirmation letter you will receive.
- ◆ Sessions begin at 9:00 a.m. and end at Noon. Continental breakfast is available starting at 8:30.
- ◆ Dress casual and comfortable. You may want to bring something in case the room is cool.
- ◆ Each session is presented by a Marriage & Family Therapist.
- ◆ Both the husband & wife must attend each session together.
- ◆ Those who attend as required will receive a Certificate of Completion at the conclusion of their final session.
- ◆ **If you have children:** In keeping with the Safe Environment Guidelines for the diocese and for everyone's safety, regardless of age or circumstances we are unable to accommodate children. Please make arrangements for their care while you're with us. Also, remember to make arrangements for your pets as well.

- ◆ The program meets or exceeds the requirements of the Common Guidelines set forth by all Dioceses within Florida as well as Florida Statute 741.0305.

Please Note...

Since Bethany Center serves only as the host facility, their staff is unable to answer questions about this program or sacramental preparation.

All contact should be with:

Office of Marriage & Family Life

E-Mail: deb@dosp.org
Phone: 727 - 341 - 6847

8:30 to 5:00 - Mon. thru Fri.

To ensure a more prompt response, E-mail is the best way to contact us as we have access to this should we be out of the office.

Detach & submit with \$125.00/\$105.00 non-refundable payment made payable to: Diocese of St. Petersburg and mail to: Convaledation, Office of Marriage & Family Life P.O. Box 40200, St. Petersburg, FL 33743 - 0200

PLEASE PRINT CLEARLY: Certificate to read: Wife: _____ Husband: _____

Wife's Name Tag: _____ Husband's Name Tag: _____

Address: _____ Home Phone: _____

City/State: _____ Zip: _____ Religion: _____ Age: _____

Wife's Work #: _____ Cell #: _____ Religion: _____ Age: _____

Husband's Work #: _____ Cell #: _____ Religion: _____ Age: _____

Church Attending: _____ City/State: _____ How many years have you been married? _____

Church of Convaledation: _____ City/State: _____ How many years have you been married? _____

Convaledation Date: _____ City/State: _____ How many years have you been married? _____

Priest/Deacon you are working with: _____ City/State: _____ How many years have you been married? _____

At which parish: _____ City/State: _____ How many years have you been married? _____

Dates: Communication _____ Family of Origins _____ Many Moods: _____ Blended Families _____

OFFICE USE
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